



STATE OF DELAWARE
OFFICE OF HIGHWAY SAFETY
www.ohs.delaware.gov

Newsletter Article

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'Tis the Season

Do you sometimes feel like you are in the middle of a mad dash? Like you have to rush everywhere in order to get things done? While the holiday season is a great time to celebrate with family and friends, it also puts a lot of stress on an already busy schedule. Remember to pace yourself, and follow the basics of safe driving:

- **Avoid Distractions.** It is hard to be calm and in control when you are distracted. Pre-set the radio to your favorite channel. Turn the smartphone off and put it away. Keep both hands on the wheel, eyes on the road, and your mind on the task of driving.
- **Slow Down and Respect the Sign.** Regardless of how others are driving, remain in control of your vehicle. Obey the posted speed limit signs on the roadway and stop fully at stop signs. If you encounter an aggressive driver, simply remain calm and pull out of the way.
- **Drive Sober.** The best way to be in control while driving is to be alcohol-free. Always choose a designated driver before the party begins, or volunteer to be the sober driver for family and friends.
- **Buckle Up.** The best way to stay in control of your vehicle is to be properly restrained in the event of a crash. Every trip. Every time. Everyone in the vehicle.

To learn more about the Safe Family Holiday campaign, go to www.ohs.delaware.gov. From all of us at the Office of Highway Safety, have a safe and happy holiday season!

Drive Safe. Arrive Alive DE.