



STATE OF DELAWARE
OFFICE OF HIGHWAY SAFETY
www.ohs.delaware.gov

Newsletter Article

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Save a Life

You don't have to be a superhero to save a life. You don't have to be a doctor or a nurse, a firefighter or a police officer; you don't even have to be in the military. All you have to do is *Click It*. Buckling up is the single most effective thing that you can do each and every day to save your life.

No one knows when a crash might happen. Statistics show that there is a traffic crash in Delaware every 25 minutes. With odds like that, it makes sense to be prepared. Nationally, seat belts are credited with saving over 13,000 lives every year.

One of them could be yours.

Whether you are the driver or a passenger, here are some tips to help you buckle up safely every trip:

- Buckle up every time you get in the car. Place the shoulder belt across the middle of your chest with the lap belt low across your hips and below your stomach.
- Buckle up everyone in the vehicle. All passengers are required to wear a seatbelt, including those in the front and back seats.
- Even the youngest passengers must be secured in an age/weight appropriate seat. Children under 12 are safest buckled up in the back seat.

Buckle Up. Arrive Alive DE.

For more information about this and other traffic safety topics, go to www.ohs.delaware.gov.