



STATE OF DELAWARE
OFFICE OF HIGHWAY SAFETY
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Newsletter Article

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The Other D

Not all DUIs are a criminal act. Take *Dating* Under the Influence, for example, or *Dancing* Under the Influence, or even *Dialing* Under the Influence. Sure, it can go south in a hurry. But it's not against the law. *Driving* Under the Influence, on the other hand—*that's* illegal, and not worth the risk.

From the very first drink, alcohol affects your thoughts, your words, and your actions. It can be hard to distinguish between a little too much, and a lot too much. Save yourself the embarrassment of a DUI and decide how you are going to get home before you have the first drink.

- **Always designate a sober driver.** When you make plans, decide who will be the designated driver - or - volunteer to be the designated driver yourself before the fun begins.
- **Avoid drinking too much alcohol too quickly.** Pace yourself. Eat and alternate with non-alcoholic drinks. Remember, time is the only thing that will sober you up – not coffee, not a cold shower.
- **Never let a friend drive impaired.** Don't leave a friend who has had too much to drink, and is showing signs of impairment. Take their keys and help them make other arrangements to safely get where they are going.
- **Have a back-up plan.** Be prepared for "what if". Program your phone with the number of a taxi service, family member, friend, or co-worker who will give you a safe ride home if you need one.

Delaware police are looking for impaired drivers. **Every week. Everywhere—checkpoints are waiting.** For a list of where they'll be in your area, text CHECKPOINT to 99000. For more information go to www.duirealtime.com and www.ohs.delaware.gov.

Drive Sober. Arrive Alive DE.