

4 STEPS FOR KIDS

When you're an expectant mother, it's important to always wear your safety belt to protect you and your unborn child. Wear the lap belt across your hips and below your belly with the shoulder belt across your chest (between your breasts). Once your baby is born, follow these important safety steps:

STEP 1:

For the best possible protection keep babies in the back seat, in rear-facing child safety seats, as long as possible up to the height or weight limit of the particular seat. At a minimum, keep babies rear-facing until a minimum of age 1 **and** at least 20 pounds.

STEP 2:

When children outgrow their rear-facing seats (at a minimum age 1 **and** at least 20 pounds) they should ride in forward-facing child safety seats, in the back seat, until they reach the upper weight or height limit of the particular seat (usually around age 4 and 40 pounds).

STEP 3:

Once children outgrow their forward-facing seat (usually around age 4 and 40 pounds), they should ride in booster seats, in the back seat, until the vehicle safety belts fit properly. Safety belts fit properly when the lap belt lays across the upper thighs and the shoulder belt fits across the chest (usually at age 8 or when they are 4'9" tall).

STEP 4:

When children outgrow their booster seats, (usually at age 8 or when they are 4'9" tall) they can use the adult safety belt in the back seat, if it fits properly (lap belt lays across the upper thighs and the shoulder belt across the chest).

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